

GLUTEN FREE MENU

WELL HOUSE INN

Muggswell

STARTERS

Chef's seasonal soup of the day	£5.25
<i>with gluten free bread (please ask your server for today's soup)</i>	
Haddock and tartare fishcake	£5.95
<i>Sautéed with lemon and butter. Served with beurre blanc & rolled rocket</i>	
Slow roasted pork belly	£6.75
<i>Pear & calvados chutney, caramelized pear slices and crackling crumb</i>	
Crispy shredded duck	£6.95
<i>Garden leaf salad with peanut, soy & sesame dressing</i>	

CLASSIC DISHES

Country chicken	£11.95
<i>grilled chicken breast topped with BBQ sauce, locally cured smoked black treacle bacon & melting cheddar served with homemade chips & house salad</i>	
Roasted vegetable and pine nut paella	£9.95
<i>Drizzle of salsa Verdi, grated tomato and garlic aioli (v) (ve) (gf)</i>	
Squash and vegetable coconut curry	£10.95
<i>With a spiced cardamom basmati rice (V) (gf)</i>	
Falafel burger	£10.25
<i>Lightly spiced, served in a folded gluten free flatbread with paprika mayonnaise</i>	

THE CHARGRILL

All our steaks are chargrilled & served with garlic and rosemary baked tomato, field mushroom, beer battered onion rings and kaleslaw.

Choose from homemade chips, baked jacket or dauphinoise potatoes

Add garlic butter for **£1.50**;

5oz / 10oz Rump	£10.95 / £16.95
5oz / 10oz Sirloin	£12.95 / £20.95
8oz rib-eye	£21.95
Chargrilled Fillet of Pork	£12.95
<i>Marinated in jerk spices with sweet potato wedges, house salad, sour cream dressing (gf)</i>	
10oz Gammon Steak	£10.95
<i>Fresh grilled pineapple, free range fried eggs, homemade chips and kale slaw (gf)</i>	

JACKET POTATOES

All jacket potatoes are served with kaleslaw, baby gem lettuce and beef tomato

Coronation chicken, sultanas and grapes	£6.75
Cheddar cheese & baked beans	£6.75
Warm roasted vegetables and salsa Verdi	£6.75
Mature cheddar and spring onion mayo	£6.55
Tuna mayonnaise	£6.95

PIZZAS

Our stone baked 12 inch classic pizzas are also available on a gluten free base. Please just ask your server.

Margarita (v)	£8.95
<i>mozzarella, tomato garnished with fresh rocket and extra virgin oil</i>	
Roasted Vegetable (v)	£9.95
<i>mozzarella, tomato, aubergine, courgette, peppers, rocket, drizzled with extra virgin oil</i>	
Pepperoni	£10.25
<i>mozzarella, tomato, pepperoni, fresh rocket and extra virgin oil</i>	

SIDES

Buttered seasonal vegetables	£3.25
Dressed side salad	£3.25
Homemade chips	£3.55
Skin on fries	£2.95
Sweet potato fries	£3.95
Creamy mash	£2.95

Visit our website
www.thewellhouseinn.co.uk
or follow us



When ordering from this menu, please let your server know it's the gluten free option. Food allergies/intolerances; Before you order food & drinks please speak to your server if you want to know about or change any ingredients.

Service is not included